# NAPHL EVENTS: ST. LOUIS MARCH 2021

#### **COVID-19 REQUIREMENTS, RECOMMENDATIONS & GUIDELINES**

The NAPHL is monitoring local and federal guidelines and will follow the recommendations in place. Even with everyone's participation, the NAPHL cannot eliminate all risk associated with Covid-19. By choosing to participate, players and guests are assuming the risk of contracting Covid-19 at the event.

#### **REQUIREMENTS:**

- It is the team's responsibility to follow and abide by their home state travel guidelines.
- All participants must complete the NAPHL Covid-19 waiver prior to participating.
- All participants must follow league, facility and local guidelines in order to participate.

## **RECOMMENDATIONS:**

- Follow the <u>CDC recommended best practices</u>
- If you have experienced fever, cough, chills, muscle pain, shortness of breath, sore throat or other symptoms of COVID-19 then you should not participate. <u>CDC Symptom List</u>
- If you or a family member have a medical history that places you in a high-risk category for COVID-19, we recommend that you do not enter the building.

## **RINK GUIDELINES**

- Masks are very strongly encouraged at all times
- Please maintain social distance at all times & do not gather in groups in any areas
- Concessions will be open limitedly each day at the South Arena ONLY
- Hand sanitizer stations have been posted throughout the building
- Staff will continue to sanitized high touch point areas throughout the day

## **HOCKEY OPERATIONS:**

- Two (2) spectators per player are permitted to enter the building at game time
- Masks are to be worn at all times in spaces where social distancing cannot be maintained
- Skaters may arrive **<u>NO MORE than 30 minutes</u>** prior to ice rental/game start time
  - Locker room use is allowed but limited to 30 min prior to start time and 30min after end time (all teams are given 1 locker room space) masks must be worn at all times if more than 9 skaters are using space
  - If locker room doors are to be shut masks, must be worn
  - Chairs can be added outside of locker rooms in hallway for more skaters
  - **<u>NO SHOWERS</u>** will be allowed
  - Water fountain usage is prohibited; players/teams need to provide their own hydration sources.
  - No postgame handshakes involving players, coaches or officials.